Recipes

- Gluten Free Drop Biscuits
- Gluten-Free Sausage Gravy

Gluten Free Drop Biscuits

Source: Easy 20-Minute Gluten Free Drop Biscuits (glutenfreeonashoestring.com)
Prep Time: 10 minutes
Cook Time: 15 minutes
Servings: 10

Ingredients

- 1 ¾ cups (245 g) all-purpose gluten free flour blend
- ¾ teaspoon xanthan gum (omit if your blend already contains it)
- ¼ cup (36 g) cornstarch (or try potato starch or arrowroot)
- 1 tablespoon baking powder
- ¼ teaspoon baking soda
- ½ teaspoon kosher salt
- 2 teaspoons (8 g) granulated sugar
- 8 tablespoons (112 g) unsalted butter cut into a 1/4-inch dice or grated and chilled
- 1 cup (8 fluid ounces) buttermilk (chilled)
- 1 tablespoon (14 g) unsalted butter (melted)

Directions

1. Preheat your oven to 425°F. Line a large, rimmed baking sheet with unbleached parchment paper and set it aside.
2. In a large bowl, place the flour, xanthan gum, cornstarch, baking powder, baking soda, salt and sugar, and whisk to combine well. Add the diced or grated and chilled butter and mix to combine.
3. Create a well in the center of the dry ingredients, add the buttermilk and mix until just combined.
4. Working quickly, so the dough doesn’t get warm, drop the batter by the quarter cup using two large spoons or a 2-inch ice cream scoop about 1 1/2-inches apart on the prepared baking sheet. Do not pack the dough into the ice cream scoop.
5. Press the mounds of dough down gently to flatten the tops, and brush lightly with the melted butter.
6. Place the baking sheet in the center of the preheated oven and bake until lightly golden brown all over (about 15 minutes). Remove from the oven and allow to set briefly before serving.

Gluten-Free Sausage Gravy

Source: [Easy Gluten-Free Sausage Gravy Recipe - Best Southern-Style Flavor! (mamagourmand.com)]

Prep Time: 0 minutes
Cook Time: 15 minutes
Servings: 6
Calories: 306kcal
Author: Melissa Erdelac

Ingredients

- 1 pound gluten-free bulk breakfast sausage
- 1 tablespoon unsalted butter
- ¼ cup gluten free all-purpose flour
- ½ teaspoon seasoned salt
- ¼ teaspoon ground pepper
- ¼ teaspoon salt
- 2½ cups milk, whole or 2**%** recommended
- 1 gluten-free biscuits recipe

Instructions

- In a large deep skillet over medium-high heat brown the sausage until no longer pink and cooked through, about 7 minutes.
  1 pound gluten-free bulk breakfast sausage
- Add the butter to the cooked sausage and stir until butter is melted. Sprinkle flour, seasoned salt, and pepper over the sausage mixture. Stir to combine.
  1 tablespoon unsalted butter, ¼ cup gluten free all-purpose flour, ½ teaspoon seasoned salt, ¼ teaspoon ground pepper, ¼ teaspoon salt
- Reduce heat to medium-low. Gradually add the milk, in ½ cup increments, while stirring constantly. Continue to cook and stir until gravy is thickened and bubbly, about 5 minutes.
  2½ cups milk,
- Adjust seasonings, if desired, and serve immediately over gluten-free biscuits.