

# North America

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# Asheville, NC

## Food & Drink

### Restaurants & Cafés

- [12 Bones Smokehouse](#) (River Arts District)
- [White Duck Taco Shop](#) (Downtown)
- [Neng Jr.'s](#) (Filipinx-Appalachian fusion, West Asheville)
- [The Admiral](#) (small-plates bistro, West Asheville)
- [Wild Ginger](#) (Vietnamese, West Asheville)
- [Bull & Beggar](#) (brasserie, River Arts District)
- [Limonas](#) (Latin-inspired, downtown)
- [Five Points Restaurant](#) (classic diner breakfast, north of downtown)
- [Ultra Coffeebar](#) (RAD café)
- [Rocky's Grill & Soda Shop](#) (retro lunch spot, Brevard)

### Deserts & Bakeries

- [French Broad Chocolate Lounge](#) (desserts, downtown)
- [Sunshine Sammies](#) (gourmet ice-cream sandwiches, downtown)
- [Hole Doughnuts](#) (West Asheville)
- [OWL Bakery](#) (artisan pastries, West Asheville)

### Cocktails

- [The Golden Pineapple](#) (cocktail bar, West Asheville)

### Breweries

- [Wicked Weed Funkatorium](#) (sours brewery + kitchen, South Slope)
- [Burial Beer Co.](#) (brewery + kitchen, South Slope)

- [Highland Brewing](#) (east Asheville; taproom with food trucks/kitchen)
- [Sierra Nevada Brewing Co. Taproom](#) (Mills River)
- [Turgua Brewing](#) (Fairview)
- [Wedge Brewing Co.](#) (brewery with food trucks, River Arts District)

## Hikes / Walks

- **Catawba Falls Trail** – 3 mi RT (or 3.5-mi loop), moderate. Leads to a 100-ft cascade in Pisgah NF; lower trail and new footbridges are **open**, but the upper-falls platform/Wildflower spur remain closed for repairs.
- **Daniel Ridge Loop Trail** – 4-mi moderate loop near Brevard with the 150-ft Daniel Ridge Falls (aka Tom’s Spring Falls); trail is fully **open** post-Helene.
- **Moore Cove Falls Trail** – 1.4-mi easy out-and-back in Pisgah, ending at a 50-ft falls you can walk behind; reopened and considered family-friendly.
- **Rainbow Falls Trail** (Gorges State Park) – 2.5-mi moderate RT to a 125-ft free-fall waterfall; the park and trail reopened on Nov 1 and are now **open**.
- **Graveyard Fields Loop (Lower & Upper Falls)** – 3.5-mi moderate loop off the Blue Ridge Parkway with two waterfalls, high-elevation meadows, and summer blueberries; trailhead is **open**, but some Parkway sections closer to Asheville remain closed, so check detours.
- **Glassy Mountain Trail** (Carl Sandburg Home NHS) – 1.3 mi one-way (2.6 mi RT), moderately steep; climbs from the historic farm to sweeping summit views. The site’s trail network has reopened.
- **Asheville Botanical Gardens Loop** – 0.5-mi easy urban loop showcasing native plants and a creek; garden trails reopened after Helene, though some cleanup continues.

## Arts & Crafts

- **Explore the River Arts District** – wander working studios, watch pottery or “make-your-own” glass ornaments at the North Carolina Glass Center.
- **Folk Art Center (Southern Highland Craft Guild)** – browse galleries of Appalachian craft and catch free daily artist demonstrations on the Blue Ridge Parkway (open 10 a.m.–5 p.m.).

## Scenic Drives & Viewpoints

- **Blue Ridge Parkway drive (US-276 ↔ NC-151 segment)** – a crowd-light stretch reopened after Helene; gives access to overlooks such as Graveyard Fields and Black Balsam.

# History

- **Carl Sandburg Home National Historic Site** – tour the poet’s farmhouse, visit the goat farm, or stroll the gentle Glassy Mountain path; most grounds reopened in December 2024.
- **Thomas Wolfe Memorial** – guided house museum downtown; listed by NC DNCR as OPEN for visitors during recovery.

# Gatlinburg, TN

## Tours

### Spooky

- [The Witch Tour: Appalachian Mountains Ghost Tour 2023 - Sevierville \(viator.com\)](#)